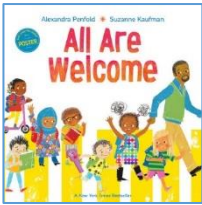


# Connecting SEL & IB at Parkside ES

## SEL Book of the Month Initiative

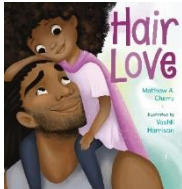


	SEL COMPETENCY	THEME	LEARNER PROFILE ATTRIBUTE & ATTITUDES	APPROACHES TO LEARNING SKILL	BOOK TITLE
August	<p><b>Relationship Skills</b> Allows students to develop and maintain healthy relationships with others, including the ability to resist negative social pressures, resolve interpersonal conflict, and seek help when needed. Students need to be able to work well with their classmates in order to participate in collaborative groups.</p>	<p><b>Welcome to the School Community</b> (We recognize the value of our home communities, while making a daily contribution to our school community through acts of kindness.)</p>	<p><b>Principled</b> I am honest, fair, responsible, and I complete my assignments.</p> <p><b>Attitudes</b> Respect Tolerance Integrity Appreciation</p>	<p><b>Social Skill- Respecting Others</b> Listening sensitively to others; making decisions based on fairness and equality; recognizing that others' beliefs, viewpoints, religions and ideas may differ from one's own; stating one's opinion without hurting others</p>	 <p><b>All Are Welcome</b> By Alexandra Penfold and Suzanne Kaufman</p> <p>All Are Welcome lets young children know that no matter what, they have a place, they have a space, and they are welcome in their school. A book that celebrates diversity and gives encouragement and support to all kids. Follow a group of children through a day in their school, where students grow and learn from each other's traditions.</p>

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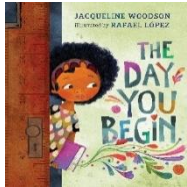


	SEL COMPETENCY	THEME	LEARNER PROFILE ATTRIBUTE & ATTITUDES	APPROACHES TO LEARNING SKILL	BOOK TITLE
September	<p><b>Self-awareness</b> is the ability to recognize one's own feelings, interests, and strengths, in addition to maintaining an accurate level of self-efficacy. Students who are self-aware are capable of describing and understanding their own emotions. In addition, they are capable of recognizing their own strengths and weaknesses. Students' beliefs about their own strengths and weaknesses influence the academic choices they make, how long they will persist on tasks and whether or not they will ask for help on academic tasks.</p>	<p><b>Individuality and Positive Self-Concept</b> (We are aware of the importance of each unique identity and the strengths we all bring as individuals)</p>	<p><b>Caring</b> I respect the needs and feelings of others and show concern for the world around me.</p> <p><b>Attitudes</b> Empathy Appreciation Tolerance</p>	<p><b>Social Skill-Accepting Responsibilities</b> Taking on and completing tasks in an appropriate manner; being willing to assume a share of the responsibility.</p>	 <p><b>Hair Love</b> By Matthew Cherry and Vashti Harrison</p> <p>Zuri's hair has a mind of its own. It kinks, coils, and curls every which way. Zuri knows it's beautiful. When Daddy steps in to style it for an extra special occasion, he has a lot to learn. But he LOVES his Zuri, and he'll do anything to make her — and her hair — happy.</p> <p>Tender and empowering, <i>Hair Love</i> is an ode to loving your natural hair — and a celebration of daddies and daughters everywhere.</p>

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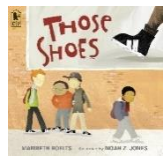
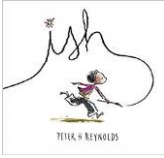


	SEL COMPETENCY	THEME	LEARNER PROFILE ATTRIBUTE & ATTITUDES	APPROACHES TO LEARNING SKILL	BOOK TITLE
October	<p><b>Social awareness</b> allows individuals to take others' perspectives into account and to empathize with others. Socially aware students are more likely to recognize and appreciate the similarities and differences of others. Social awareness is particularly important for students as they participate in new instructional shifts. Students need to take the perspectives of their classmates during classroom discussions and attempt to empathize and relate with characters during analysis of texts.</p>	<p><b>Diversity and Acceptance</b> (We show appreciation for diverse perspectives and experiences)</p>	<p><b>Reflective</b> I use experiences to consider my choices, take action, help me grow, and improve the world around me.</p> <p><b>Attitudes</b> Confidence Appreciation Independence</p>	<p><b>Thinking Skill- Metacognition</b> Analyzing one's own and others' thought processes; thinking about how one thinks and how one learns.</p>	 <p><b>The Day You Begin</b> By Jacqueline Woodson</p> <p>A beautiful and inclusive story that encourages children to find the beauty in their own lives and share it with the world. Each child feels very alone until they begin to share their stories and discover that it is nearly always possible to find someone a little like you. López's vibrant illustrations bring the characters' hidden and unspoken thoughts to light with fantastic, swirling color. Shifting hues and textures across the page convey their deep loneliness and then slowly transition into bright hopeful possibilities.</p>

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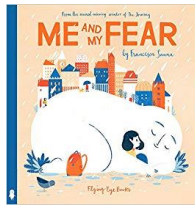
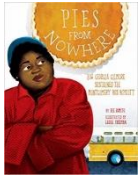


	SEL COMPETENCY	THEME	LEARNER PROFILE ATTRIBUTE & ATTITUDES	APPROACHES TO LEARNING SKILL	BOOK TITLE
November	<p><b>Social awareness</b> allows individuals to take others' perspectives into account and to empathize with others. Socially aware students are more likely to recognize and appreciate the similarities and differences of others. Social awareness is particularly important for students as they participate in new instructional shifts. Students need to take the perspectives of their classmates during classroom discussions and attempt to empathize and relate with characters during analysis of texts.</p>	<p><b>Empathy</b> (We appreciate the value of kindness in building and maintaining a positive learning community)</p>	<p><b>Thinkers</b> I use information to build understanding, create new ideas, and solve problems.</p> <p><b>Attitudes</b> Creativity Curiosity Independence Commitment</p>	<p><b>Thinking Skill-Evaluation</b> Making judgments or decisions based on chosen criteria; standards and conditions.</p>	 <p><b>Those Shoes</b> By <a href="#">Maribeth Boelts</a></p> <p>All Jeremy wants is a pair of those shoes like the ones everyone at school seems to be wearing. Though Jeremy's grandma says they don't have room for "want," just "need," when his old shoes fall apart at school, he is more determined than ever to have those shoes, even a thrift-shop pair that's the wrong size. But sore feet aren't much fun, and Jeremy soon sees that the things he has — warm boots, a loving grandma, and the chance to help a friend — are worth more than the things he wants.</p>
December	<p><b>Responsible decision making</b> enables students to keep in mind multiple factors—such as ethics, standards, respect, and safety concerns—when making their decisions. This competency includes students' capacity to identify problems and develop appropriate solutions to those problems, whether they are social or academic problems.</p>	<p><b>Inclusion</b> (We identify ways to include all individuals and recognize the multiple perspectives that come with learning and physical differences)</p>	<p><b>Open-minded</b> I listen to others' perspectives and respectfully consider different points of view.</p> <p><b>Attitudes</b> Curiosity Tolerance Respect Empathy</p>	<p><b>Self-management-Informed choices</b> Selecting an appropriate course of action or behavior based on fact or opinion.</p>	 <p><b>Ish</b> By Peter Reynolds</p> <p>Drawing is what Ramon does. It's what makes him happy. But in one split second, all that changes. A single reckless remark by Ramon's older brother, Leon, turns Ramon's carefree sketches into joyless struggles. Luckily for Ramon, though, his little sister, Marisol, sees the world differently. She opens his eyes to something a lot more valuable than getting things just "right."</p>

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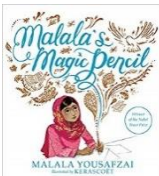
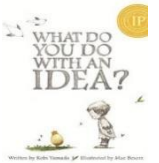


	SEL COMPETENCY	THEME	LEARNER PROFILE ATTRIBUTE & ATTITUDES	APPROACHES TO LEARNING SKILL	BOOK TITLE
January	<p><b>Self-management</b> skills allow individuals to handle daily stresses and control their emotions under difficult situations. Students' capacities to regulate their emotions impact student memory and the cognitive resources they use on academic tasks. Self-management skills include the ability to monitor and reflect on personal and academic goal-setting. Academic self-regulation has important implications for student motivation in the classroom, as well as the learning strategies students use to master material.</p>	<p><b>Courage</b> (We analyze the courage it takes to overcome adversity, take risks, and advocate for one's self)</p>	<p><b>Risk-takers/ Courageous</b> I step out of my comfort zone to try new things and I am not afraid to make mistakes.</p> <p><b>Attitudes</b> Confidence Independence Enthusiasm Commitment</p>	<p><b>Self-management- Codes of behavior</b> Knowing and applying appropriate rules or operating procedures of groups of people.</p>	 <p><b>Me and My Fear*</b> By Francesca Sanna</p> <p>When a young girl has to travel to a new country and start at a new school, she is accompanied by her Fear who tells her to be alone and afraid, growing bigger and bigger every day with questions like "how can you hope to make new friends if you don't understand their language?" But this little girl is stronger than her Fear. A heart-warming and timely tale, this book shows us the importance of sharing your Fear with others—after all, everyone carries a Fear with them.</p>
February	<p><b>Responsible decision making</b> enables students to keep in mind multiple factors—such as ethics, standards, respect, and safety concerns—when making their decisions. This competency includes students' capacity to identify problems and develop appropriate solutions to those problems, whether they are social or academic problems.</p>	<p><b>Problem-Solving</b> (We explore skills related to problem-solving and how those skills are developed to support learning, positive relationships and self-efficacy)</p>	<p><b>Communicator</b> I express my thoughts, share my feelings, and listen to others.</p> <p><b>Attitudes</b> Confidence Cooperation Respect Integrity</p>	<p><b>Communication Skill- Non-Verbal</b> Recognizing the meaning of visual and kinesthetic communication; recognizing and creating signs; interpreting and utilizing symbols.</p>	 <p><b>Pies from Nowhere</b> By <a href="#">Dee Romito</a></p> <p>This stunning picture book looks into the life of Georgia Gilmore, a hidden figure of history who played a critical role in the Civil Rights movement and used her passion for baking to help the Montgomery Bus Boycott achieve its goal.</p>

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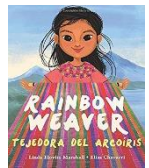


	SEL COMPETENCY	THEME	LEARNER PROFILE ATTRIBUTE & ATTITUDES	APPROACHES TO LEARNING SKILL	BOOK TITLE
March	<p><b>Self-management</b> skills allow individuals to handle daily stresses and control their emotions under difficult situations. Students' capacities to regulate their emotions impact student memory and the cognitive resources they use on academic tasks. Self-management skills include the ability to monitor and reflect on personal and academic goal-setting. Academic self-regulation has important implications for student motivation in the classroom, as well as the learning strategies students use to master material.</p>	<p><b>Perseverance</b> (We set and achieve realistic goals, both immediate and long term, by maintaining our focus and using a growth mindset)</p>	<p><b>Knowledgeable</b> I am developing an understanding of the world around me, locally and globally.</p> <p><b>Attitudes</b> Commitment Confidence Enthusiasm Integrity</p>	<p><b>Thinking Skill-Comprehension</b> Grasping meaning from material learned; communicating and interpreting learning.</p>	<p><b>Malala's Magic Pencil</b> By <a href="#">Malala Yousafzai</a></p>  <p>As a child in Pakistan, Malala made a wish for a magic pencil. Malala saw a world that needed fixing. This beautifully illustrated volume tells Malala's story for a younger audience and shows them the worldview that allowed Malala to hold on to hope even in the most difficult of times.</p>
April	<p><b>Self-awareness</b> is the ability to recognize one's own feelings, interests, and strengths, in addition to maintaining an accurate level of self-efficacy. Students who are self-aware are capable of describing and understanding their own emotions. In addition, they are capable of recognizing their own strengths and weaknesses. Students' beliefs about their own strengths and weaknesses influence the academic choices they make, how long they will persist on tasks and whether or not they will ask for help on academic tasks.</p>	<p><b>Growth-Mindset</b> (We recognize that we can achieve anything with effort and support. Learning capability is limitless)</p>	<p><b>Inquirers</b> I show curiosity by seeking information to develop questioning skills and build knowledge.</p> <p><b>Attitudes</b> Confidence Independence Curiosity Creativity</p>	<p><b>Research Skill-Formulating questions</b> Identifying something one wants or needs to know and asking compelling and relevant questions that can be researched.</p>	<p><b>What do you do with an idea?</b> By Kobi Yamada</p>  <p>And then, one day, something amazing happens. This is a story for anyone, at any age, who's ever had an idea that seemed a little too big, too odd, too difficult. It's a story to inspire you to welcome that idea, to give it some space to grow, and to see what happens next. Because your idea isn't going anywhere.</p>

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May	<p><b>Relationship Skills</b> Allows students to develop and maintain healthy relationships with others, including the ability to resist negative social pressures, resolve interpersonal conflict, and seek help when needed. Students need to be able to work well with their classmates in order to participate in collaborative groups.</p>	<p><b>Service Learning</b> (We commit to working with others to make our community and the world better)</p>	<p><b>Balanced</b> I create a healthy lifestyle through balancing academic, social, emotional, and physical choices.</p> <p><b>Attitudes</b> Cooperation Respect Creativity Empathy</p>	<p><b>Communication Skill- Presenting</b> Constructing visuals and multimedia for a range of purposes and audiences; communicating information and ideas through a variety of visual media; using appropriate technology for effective presentation and representation.</p>	 <p><b>Rainbow Weaver by Arcoiris</b> By Linda Elovitz Marshall and Elisa Chavarri</p> <p>Ixchel wants to follow in the long tradition of weaving like most Mayan women have done for more than two thousand years. As she walks around her village, Ixchel finds it littered with colorful plastic bags. There is nowhere to put all the bags, so they just keep accumulating. Ixchel weaves the plastic strips into a colorful fabric that looks like a beautiful rainbow just like the weavings of Mayan women before her.</p>